

Colleen Phillips is the president of Phillips Coaching, which she started after 19 years working as a regional director of operations, performance consultant and leadership trainer, as well as a field development senior leader in a large corporation. There, she coached hundreds of people by helping them develop their potential, encouraging their growth, and guiding them towards achieving their goals.

After Colleen's beloved husband passed away from cancer in 2004, she hired a coach and began to build a new normal. In her new normal, she fully realized her passion for coaching individuals, especially widows. She is committed to coaching her clients rediscover themselves, put the pieces of their careers and lives back together and create a new and inspired life.

Colleen is inspirational, intuitive, and excels at coaching and developing people, as well as building strong organizations. Not only does Colleen have the innate skills necessary to help guide her clients to further embrace their dreams, she has specialties that help to further highlight her clients potential.

She specializes in coaching and training leadership in medical, manufacturing, retail, communications, and customer service. Her personal coaching specialties are spousal loss and life/work transitions

Colleen is a graduate of the Coaches Training Institute, and has attained her credentials as a Certified Professional Co-Active Coach (CPCC). She is ICF certified (ACC) and also a member of the International Coach Federation. Colleen holds a bachelor's degree from Rhode Island College. She is also a consulting associate and coach with the Ken Blanchard Companies a highly respected global learning and training organization. Colleen was honored with the 2008 Embrace Life Award.

Beyond her skills, there is a reason Colleen became a coach. She has a desire to truly serve others, especially widows in their quest for growth. She believes that having a coach is one of the most powerful and positive actions any person can take. Colleen asks her clients to clarify what is most important to them and what they really want. Through the coaching relationship, clients create strategies, take action, and claim the future for their lives and careers.

*Colleen will work with you to find what makes you come alive by challenging and supporting you to take action, to be willing to live your life to the fullest...*

*Colleen is widowed and lives with her precious 7year old son in Bradenton, Florida. She enjoys tennis, swimming, Pilates and reading.*