



ABOUT THE AUTHOR

Carole Brody Fleet is the award-winning author of **“Widows Wear Stilettos: A Practical and Emotional Guide for the Young Widow”**, (New Horizon Press); as well as the author and executive producer of her CD, entitled, **“Widows Wear Stilettos: What Now?”**. She is the founder of **Widows Wear Stilettos** and **www.WidowsWearStilettos.com**, the first website of its kind; allowing actual interactivity between its visitors, as well as a place where widows of all ages find support and encouragement; helpful tips, education and resources for themselves and for their children.

Using a fresh approach and putting a unique “twist” on her topics, Ms. Fleet is a popular motivational speaker and coach to those who have been touched by the pain and challenge of widowhood; regardless of age. With her own inimitable message of “What Now and What Next”, Ms. Fleet educates, motivates, inspires, enlightens and offers practical, emotional and even humorous guidance to the millions who have experienced loss, tragedy or a challenge in their lives.

Ms. Fleet also speaks to general audiences of all ages; addressing such issues as goal-setting and achievement; overcoming obstacles; time management; stress management; work and life balance; “leadership or “leanership”; giving back / effecting change and “finding the powerful voice within” – and does so in an uplifting, witty manner.

Ms. Fleet has made guest appearances on national, regional and local television; appears as a regular guest on numerous radio programs in the United States, Canada and Mexico and is a featured expert in many well-known international and national magazines, newspapers and websites in the United States, Canada and the United Kingdom. She addresses a wide variety of topics; including, but not limited to: caregiving, illness and loss / post-loss issues;

as well as matters relating to financial transition after loss or divorce; raising children who have lost a parent; re-entering the world of dating and love and most importantly, making a return to a fulfilling and abundant life after the loss of a spouse; as well as after any kind of loss, tragedy, challenge or life difficulty.

In addition to her messages of hope, optimism and empowerment, Ms. Fleet also uses her own experiences as an author and writer to coach, educate, motivate and mentor those who aspire to careers in writing and / or as an author.

AWARDS

- **Recipient and Honoree, 2008 *Embrace Life Award*, State Farm Insurance Companies**

TELEVISION

- **ABC News', "*Good Morning America Now*" (national).**
- **CBS 2 Television (News; 5:00 p.m. edition) (CA)**
- **KCAL 9 Television (News, 6:00 p.m. edition) (CA)**

Good Morning America Now is available for viewing at
<http://abcnews.go.com/Video/playerIndex?id=5281729>

CBS 2 News Broadcast is available for viewing at
<http://www.cbs2.com/video/?id=58861@kcbs.dayport.com>

RADIO

RADIO

- **KAMX 94.7 FM's (Mix 94.7) "Your Time with Kim Iverson" (TX / nationally syndicated) (REGULAR GUEST)**
- **WDRG-AM's "The Mary Jones Mid-Day Magazine" (CT) (REGULAR GUEST)**
- **KJLL 1330AM's "Alisa's Education Talk" (AZ) (REGULAR GUEST)**
- **WDVR-FM 89.7 / 91.9 "The Low Down" (NJ / DE) (REGULAR GUEST)**
- **WTAN-AM 1340 (TanTalk Radio) "Reaching Peak with Joseph Price (FL) (REGULAR GUEST)**
- **Blog Talk Radio Network's "Heal Yourself Talk Radio" (TX / worldwide) (REGULAR GUEST)**
- **WPAZ 1370 AM's "Great Talk Radio" (PA) (REGULAR GUEST)**
- **WEEU 830 AM's "Straight Talk with Nick Lawrence" (PA) (REGULAR GUEST)**
- **KJCE AM TalkRadio 1370AM / KHRO 1650 AM Talk Radio's "The Ladies Room with Lolis" (TX / MEXICO / syndicated) (RECURRING GUEST)**

- WOCM 98.1 FM “The Rude Awakening” (MD) (RECURRING GUEST)
- WGCV 620 AM’s “Health, Wealth and Happiness with Gary Pozsik” (SC) (RECURRING GUEST)
- VoiceAmerica Network’s “Empowering Moments with Doreen Rainey” (worldwide) (RECURRING GUEST)
- CJAD-AM 800 AM’s “Holder Tonight” (CANADA) (interview also featured as part of a “Best Of” interview rebroadcast)
- WGSR-AM’S “Dr. Fitness and the Fat Guy (GA)
- WKRS 1220 AM’s, “The Libby Collins Show” (IL)
- WLNK 107.9 FM’s “The Satisfied Life” (NC)
- WGBB 1240 AM's "Up Close and Personal With Bonnie Graham" (NY)
- KFNX-AM’s "The Jackie Jones Challenge" (AZ / worldwide)
- Blog Talk Radio Network’s “Power Up with Sharon Capehart” (TX / worldwide)
- Achieve Radio Network’s “Fearlessly Speaking”, (worldwide)
- HealthyLifeNet Radio Network’s “*The Lesson Guy with Dr. Ed Poole*”, (worldwide)

All shows that have provided podcasts and / or links are available for listening at www.widowswearstiletto.com (Media Appearances page). All shows are protected by copyright laws of the United States of America.

PROFILED IN ARTICLES IN / AT:

- *Woman’s World* Magazine (national)
- *Hitched* Magazine (national)
- *The Orange County Register* (CA) (front page)
- *The San Diego Union-Tribune* (CA) (front page)
- *L.A. Daily News* (CA) (multiple appearances)
- *The Commercial Appeal* (TN) (multiple appearances)
- *The Houston Chronicle* (TX)
- *The Detroit Free Press* (MI)
- *The Watertown Daily Times* (NY)
- *The Albuquerque Journal* (NM)
- *The Columbia Tribune* (MO)
- *The Jackson Citizen Patriot* (MI)
- *The Monterey County Herald* (CA)
- *The Colorado Springs Gazette* (CO)
- *The Long Beach Press Telegram* (CA)
- *The California Chronicle* (CA)
- *The Pennsylvania Chronicle* (PA)
- *The American Chronicle* (world news)
- *The World Sentinel* (world news)
- MSNBC.com
- Stanford.Wellsphere.com

- FindingDulcinea.com
- HitchedMagazine.com
- Love.MSN.com
- PlatinumLounge.com
- DayLife.com
- MomsEasyChair.com

ADDITIONAL UPCOMING MEDIA AND OTHER APPEARANCES
INCLUDE:

- WGSR-AM'S "***Dr. Fitness and the Fat Guy*** (GA)
- Blog Talk Radio Network's "***Heal Yourself Talk Radio***" (OH / worldwide)
- Featured speaker, ***Soaring Spirits Loss Foundation's National Conference on Widowhood***; July 17 - 19, 2009, San Diego, California.
- ***Cosmopolitan*** Magazine
- ***More*** Magazine
- More.com
- ***Health For Women*** Magazine
- ***Living With Loss*** Magazine
- Match.com (*Happen* Magazine; "***When is it Time to Start Dating Again?***")
- MSN.com ("***Getting Over The Death of A Romantic Partner***")

FEATURED EXPERT IN / AT:

- ***Psychology Today*** Magazine
- ***Military Officer*** Magazine
- ***VIV*** Magazine
- ***The Eagle Tribune*** (MA)
- ***The Hartford Courant*** (CT)
- ***Boston Metro News*** (MA)
- ***The Fresno Bee*** (CA)
- ***The Spotter*** (NY)
- ***The Earth Times*** (London / United Kingdom)
- ***Healthcare Industry Today*** (worldwide)
- PsychologyToday.com
- Match.com (*Happen* Magazine; **multiple articles**)
- Love.MSN.com (*Dating and Relating; Suddenly Single and Faith-Based*; **multiple articles and translated into several languages**)
- First30days.com
- ImprovingYourWorld.com (**multiple articles**)
- VerizonSurround.com
- Neeshu.com
- Topix.net
- Match.com (United Kingdom / Ireland)

- ArmenianMatch.com
- Mulher.Terra.com (Portuguese)
- LetsGetTogether.com (United Kingdom)
- Life-After-Divorce.co.uk (United Kingdom)

RECENT PERSONAL APPEARANCES INCLUDE:

- Celebrity keynote speaker; **“The Power of YOU; Living the Life that You Deserve”**, Second Annual BTS Women’s Conference aboard the Carnival Cruise Ship *Elation*
- Featured speaker, **Embrace Life Awards “Town Hall” Broadcast**, State Farm Insurance Companies, (Corporate), Bloomington, Illinois
- Featured speaker, **“Practicing CPR (In Business)”** and **“The Changing Face of Fashion in the Workplace: What’s Right, What’s Wrong and ‘What, Are you Kidding?’ ”**, Morgan Hill Chamber of Commerce, Morgan Hill, California.
- Keynote speaker, **“Daring to Dream - and Dreaming to Dare:”** Lakewood Senior High School, Lakewood, California.
- Featured speaker, **“From Tragedy To Triumph: Making the Choice to Move Forward”**, Temple Beth David, Westminster, California

CONTRIBUTING AUTHOR TO:

- **Readers Digest** volume on family living
- The forthcoming book, **“How to Know When It’s Time to Let Go”** , (Cubbage, Jayne); a book addressing divorce and breakups
- Various newsletters by businesses, grief recovery and hospice organizations in the United States and in the United Kingdom.

****All information is current as of September 1, 2008. Additional media and personal appearances will occur after this date; please consult Widows Wear Stilettos and / or Agent’s Ink for further information.**

Currently, Ms. Fleet is in the process of writing her second book, entitled, **“Widows Wear Stilettos: The Answer Book”** and is in pre-production on her second CD entitled, **“Widows Wear Stilettos: What Next?”** , due in 2009.

Carole Brody Fleet resides in Lake Forest, California with her daughter, Kendall, three cats and over 100 pair of shoes.

PEOPLE ARE TALKING ABOUT CAROLE BRODY FLEET!

TELEVISION

ON-AIR: *“Carole Brody Fleet is changing the face and style of widowhood. It’s a very unique look at a unusual problem these days that is affecting a lot of women.”*

Deborah Roberts, Correspondent, **ABC News**, *“Good Morning American Now”* (national)

ON-AIR: *“They may have lost what took a lifetime to find, but Carole wants young widows to know...they’re not alone”*

Stacy Butler, Correspondent, **CBS 2 News at 5:00 p.m.** (CA)

“You were great! Several of my colleagues commented on how at ease you were in front of the camera and how clearly your message came across.”

Angela Hill, Producer, **ABC News**, *“Good Morning America Now”* (national)

RADIO

ON-AIR: *“Carole is one of those remarkable women who turned grief into something positive. She wrote a book called, “Widows Wear Stilettos...”, created a CD and a website, www.widowswearestilettos.com. She has a busy schedule of media appearances all across the country and her experiences have made her a grief counselor to many, and an advocate for those who are dealing with the painful loss of a loved one.*

Lolis Garcia-Babb, Host, **“The Ladies Room with Lolis”**, KJCE AM Talk Radio 1370 AM and KHRO 1650 AM Talk Radio (TX / MEXICO / syndicated)

ON-AIR: *“Carole is a foremost expert on grief recovery and all the issues that it involves. We love having her as a frequent guest on the show”.*

Mary Jones, Host, **“The Mary Jones Mid-Day Magazine”**, WDRC-AM (CT)

ON-AIR: *“Carole is really such a shining light for women everywhere”.*

Kim Iverson, Host, **“Your Time with Kim Iverson”** (nationally syndicated)

“It was a pleasure to have you on the program to share your knowledge of life as a young widow and to talk about your book, “Widows Wear Stilettos: A Practical and Emotional Guide for the Young Widow”. What you had to say was food for thought for our listening audience. It is clear that several years ago when you had a need for information and couldn’t find it, rather than crawl into a shell, you decided to be proactive and create the very venue that so many need. You are to be commended for your efforts.”

Peter Anthony Holder, Host, **“Holder Tonight”**, CJAD Montreal / CFRB Toronto (CANADA)

“I want to thank you again for being on my show, and for being such a wonderful guest. I’ve received a number of calls thanking me for having you on the show. If there is anything I can do to help promote you and your important message, I hope that you will feel free to ask. Stay focused on your mission to reach the many who need to hear your story and message.”

Nick Lawrence, Host, **“Great Talk Radio”**, WPAZ-AM (PA) / **“Straight Talk with Nick Lawrence”**, WEEU-AM (PA)

“Thanks for your contribution on the show. I really appreciated having you and I must say you held the fort down splendidly. We will be looking forward to working with you again... keep on doing what you’re doing.”

Joseph Price, Host, **“Reaching Peak with Joseph Price”**, WTAN-AM 1340 (TanTalk Radio) (FL)

“I enjoy having you on [the show]. I like the dual purpose of your program. While people have come to the place where they can accept that divorce might be something that happens to them, I think that people are reluctant to believe that loss can happen and might not make preparations. I think this is as important as the emotional aspects of widowhood and I’m glad that you are speaking to both.

Victoria Ann Davis, Host, **"The Low Down"**, WDVR-AM (NJ/DE)

"We were so glad to have you on the show and we'd love to have you back. You're a peach!"

Ron Freshour, Producer, **"Your Time with Kim Iverson"** (nationally syndicated)

"Carole's been a previous guest on the show, and I love her wit and wisdom. Thanks for being there for the people who need your kind of support the most."

Alisa Cook, Host, **"Alisa's Education Talk"**, KJLL "THE JOLT" 1330-AM (AZ)

"I have been talking about our interview all day. I had such a blast with you; your topics are so far reaching."

Jackie Jones, Host, **"The Jackie Jones Challenge"**, KFNX-AM (AZ / worldwide)

"Thank you, Carole, for an excellent interview. We will work together again...you are a CLASS ACT!"

Bonnie D. Graham, Host, **"Up Close and Personal with Bonnie D. Graham"**, WGBB 1240 (NY)

"Thank you so much for being such a great guest and doing such a fantastic interview."

Dr. Adam Shafran, Host, **"Dr. Fitness and the Fat Guy"**, WGSR-AM (GA)

PRINT / WEB MEDIA

"Carole Brody Fleet offers advice and humor in the book, 'Widows Wear Stilettos...' to help young widows cope with loss."

The Orange County Register (CA)

"A young widow holds out a helping hand to others who have lost their husbands"

The San Diego Union-Tribune (CA)

"Mourning and depression give way to 'Widows Wear Stilettos...'; a touching and funny memoir"

The Monterey County Herald (CA)

"A young widow reclaims her life through writing - tragedy pushes Carole Brody Fleet to help others dealing with loss"

The Houston Chronicle (TX)

"The title of [Carole Brody Fleet's] book is catchy, but [the] sentiment is powerful and necessary for those who feel alone"

The L.A. Daily News (Valley Edition) (CA)

"I would certainly find solace in Carole Brody Fleet's spirit and what she has created to offer help. Her upbeat and accommodating [interview] response helped me understand why so many women rely on "Widows Wear Stilettos" as a source of support and encouragement. Carole generously communicated the essence of her message to me, as I'm sure she does to everyone she encounters—widows especially. Her intention is simple: to keep women who have faced loss from feeling hopeless and purposeless. Not only is she there as a source of support for grieving women, but she's also created an entire community to encourage women to stay inspired and excited about life, even in the face of tragedy. I have no doubt that if I showed up at her doorstep in need of a good meal and a gossip fest, she'd offer me a chicken turnover and some great tips on how to embrace life more fully"

Isabel Cowles, writer, FindingDulcinea.com

IN PERSON

“You are a fabulous speaker with great presence, excellent material content and perfect flow to your topic. Thank you for providing such a wealth of topics to speak on and I heard very good feedback from the people who attended. You are an amazing woman and a great role model to many - you are rising to the top and taking us along with you”.

Harriet Pecot, Morgan Hill Chamber of Commerce, Morgan Hill, California

“Carole speaks meaningfully to people across the generations. She is enlightening and empowering as she relates her personal story of struggle, loss, and hope. Carole Brody Fleet is very bright, engaging, and wise - listening to her speak is a rewarding experience”.

Rabbi Nanci Myers, Temple Beth David, Westminster, California

(additional in-person testimonials forthcoming)

To schedule an interview or personal appearance with
Carole Brody Fleet
please contact us at Carole@widowswearstilettos.com.
Please specify “Interview Request” or
“Speaker / Personal Appearance Request”
in the subject line.