

Barbara Daoust Bio

Barbara Daoust co-founded a small non-profit theatre company in San Francisco with her late husband, Patrick Joseph, before they moved to Los Angeles. Barbara worked as an acting coach on film and TV sets until she lost Patrick to lung cancer in 2003. They were two months short of their twenty-fifth wedding anniversary.

Barbara struggled to connect with her life after she experienced four more losses in a period of two and a half years. After discovering the healing effects of working with her hands, she created a line of affirmation jewelry called, "Soul Notes". She currently sells at trade shows and boutiques, in catalogs, and on websites. She teaches workshops on the Power of Intention, and coaches individuals on how to personalize their own affirmations. She also created the Sunflower Art Studio at The Center for Energetic Healing in Simi Valley, where she is the resident artist and teaches "The Healing Gift of Clay" and "The Art of Soul Jewelry".