

**Gloria Lenhart, widow, and author of Planet Widow**

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Gloria Lenhart was widowed suddenly at age 44 when her husband was struck by a fatal heart attack while jogging. Over the next three years she turned her experiences into a memoir, Planet Widow. Her work has appeared in the Chicago Tribune, Diablo Magazine, and the San Francisco Examiner. An East Coast native, she now lives in the San Francisco Bay Area with her two sons.