

Carla Fine

Carla Fine is the author of the best-selling book, *No Time To Say Goodbye: Surviving The Suicide Of A Loved One* (Broadway Books/Doubleday 1999), now in its tenth printing. The book is also available in Japanese from Fuso Publishers and in Malayalam (Kerala, India) from the Mathrubhumi Publishing Company.

No Time to Say Goodbye is a personal story--Ms. Fine's husband, a prominent New York physician, killed himself in 1989 at the age of 43. She also interviewed more than 60 other people who lost sons and daughters, wives and husbands, fathers and mothers, sisters and brothers, friends and relatives to suicide. The book describes the different stages of grieving surrounding the suicide of a loved one, and helps survivors see that they are not alone in their confusion and grief.

Ms. Fine is also the author of *Touched By Suicide: Hope And Healing After Loss* (Gotham Books/Penguin 2006), cowritten with Dr. Michael Myers, one of the leading clinicians in the field of suicide and professor of psychiatry at SUNY Downstate Medical School in Brooklyn, New York. *Touched By Suicide* offers detailed steps, practical suggestions, and compassionate guidance for anyone affected by suicide from the dual perspectives of both a survivor and a mental health professional.

Ms. Fine is also the author or coauthor of seven other books including: *Who Cares What You're Supposed To Do?: Breaking The Rules To Get What You Want In Love, Life, And Work*, written with Dr. Victoria Dickerson (Perigee/Penguin, 2004); *Achievement Matters: Getting Your Child The Best Education Possible* (Kensington Press, 2002), in collaboration with Hugh Price, president of the National Urban League; *Strong, Smart, And Bold: Empowering Girls For Life* (Cliff Street Books/HarperCollins, 2001); and *The Miracles of Mentoring: How To Encourage And Lead Future Generations*, in collaboration with Thomas Dortch, Jr., president of the 100 Black Men of America (Doubleday, 2000). She is also the author of *Just Because I'm Latin Doesn't Mean I Mambo: A Success Guide for Hispanic Americans*, in collaboration with diversity specialist Juan Roberto Job (Ballantine Books, 1998); *Married to Medicine: An Intimate Portrait of Doctors' Wives* (Atheneum, 1981); and *Barron's Guide To Foreign Medical Schools: Selecting Them, Surviving Them, And Successfully Practicing In The United States* (Barron's Educational Series, 1979).

Ms. Fine's work has appeared in such publications as *Suicide And Life-Threatening Behavior* (Guildford Press) and Medscape. She lectures extensively to suicide survivors' groups and professional organizations throughout the United States, Canada, Europe, and India. In addition, she also offers workshops on writing as a path to healing when coping with the death of a loved one.

Ms. Fine frequently appears on national and local television and radio programs, including Court TV, Oprah Winfrey, Joan Rivers, Fox TV News, Oxygen TV, New York One, and Tony Brown's Journal. She received her Masters of Science degree with honors from the Columbia University Graduate School of Journalism. Ms. Fine lives in New York City and her website is www.carlafine.com