

Robin A. Edgar

Nationally known author and workshop facilitator

A professional writer and storyteller for over thirty years, Robin A. Edgar believes everyone has a story to tell. She conducts reminiscence-writing workshops based on her book ***In My Mother's Kitchen: An Introduction to the Healing Power of Reminiscence***, which is listed in several grief resource catalogues, including the National Hospice and Palliative Care Association, National Funeral Directors Association, and Centering Corporation. She initially developed the **Healing Power of Reminiscence Workshop** series as part of the Bereavement Program of Hospice of North Central Ohio and now travels throughout the United States as a keynote speaker and workshop presenter for caregiver groups and life writing enthusiasts.

As the project coordinator for the “**Personal Legacies: Surviving the Great Depression**,” Ms. Edgar interviewed about 100 people to create an exhibition for Smithsonian affiliate, The Charlotte Museum of History, a book published by CPCC Press; and a documentary produced by PBS affiliate, WTVI. She currently serves as a facilitator for Fetzer Institute and PBS national initiative, the Love & Forgiveness Campaign.

The mother of three grown children, Ms. Edgar lives in Charlotte, North Carolina with her husband, David.